



RV Educational Institutions

RV Institute of Technology and Management®

Bangalore– 560076

Department of Electronics and Communication Engineering

Interpersonal Skills: “Unlocking your Inner Potential”

Event Name	Interpersonal Skills
Theme	Non-Technical Talk
Date	21/02/2024
Venue	1 st floor Seminar hall

Objectives of the Program/Event:

This event provided the overview of requisites for placement preparation for Electronics & Communication Engineering students for their career. The main objective of the event is to serve as guide, providing valuable insights and practical strategies to awaken your inner potential and open the doors to personal growth. We will embark on a three-step journey, delving into self-awareness, strategies for activating your potential, and achieving profound personal growth.

About the topic: The following topics were covered.

- Self-improvement activities that allow us to take on responsibilities.
- Personal growth with this comprehensive guide
- Learnings on personal development
- Cultivating a growth mindset
- Effective time management skills.
- A structured approach to defining, refining, and achieving your goals.

Resource Person: Dr. Venugopal B T, Assistant Professor, RVITM, Bengaluru

Coordinators: Dr. Kavitha N, Dept of ECE, RVITM.

Measurable Outcomes:

- Managing your time efficiently,
- Gained insight into our strengths and areas for growth, facilitating personal development.
- Techniques to turn your plans into tangible results.

